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Codependency - Wikipedia -

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Sat, 19 May 2018 11:03:00 GMT - Sharing Guidelines As we begin this CoDA meeting there are a few things to remember about sharing: â€œ Sharing is very helpful in our recovery.

CoDA Meeting Script - Codependent, Codependents -

- Do you feel... invisible; like a doormat; and like nobody respects your boundaries? Are you afraid to... tell your truth; rock the boat; say 'no' set boundaries with pushy or abusive others

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