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Sat, 09 Jun 2018 15:24:00 GMT - meet with school nutrition ... Growing Sweet Potatoes in Wisconsin Classroom Cooking Sweet potatoes require a long ... of sweet potato grown in the U.S. is the ...

### **SWEET POTATO - Wisconsin Department of Public Instruction -**

Wed, 06 Jun 2018 11:39:00 GMT - school kitchen teams to come up with fresh ways to put fresh food on plates. In the process, weâ€™ve learned a lot about the challenges of cooking from scratch with limited equipment, funding, and timeâ€™the hurdles you jump every day. But weâ€™ve also managed to develop menus that kids loveâ€™and that schools can actually afford to serve.

### **SCHOOL MEALS - Project Bread -**

Sat, 03 Feb 2018 23:59:00 GMT - as sweet potato bread or muffins. To find culinary techniques and recipe ideas, visit NFSMI or Team Nutrition. FOOD SAFETY INFORMATION For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles.

### **100317â€™ Sweet Potatoes, Extra Light Syrup, Canned Category ...-**

Thu, 07 Jun 2018 01:43:00 GMT - To cook sweet potatoes in the oven, preheat your oven to 400 Â°F (204 Â°C). While your oven is preheating, pierce each sweet potato 6-12 times with a fork and then rub olive oil over them. Wrap each potato loosely in aluminum foil and place them directly on the middle rack in your oven.

### **The 4 Best Ways to Cook Sweet Potatoes - wikiHow -**

Sat, 28 Feb 2009 23:55:00 GMT - 36 Delicious New Ways to Prepare Sweet Potatoes. Sweet potatoes have never

tasted better. ... Roast and mash the sweet potatoes up to 2 days ahead and chill.

### **36 Delicious New Ways to Prepare Sweet Potatoes -**

- Both types of sweet potatoes are rich in unique phytonutrients, including polysaccharide-related molecules called batatins and batatosides. Sweet potatoes also include storage proteins called sporamins that have unique antioxidant properties. Sweet potatoes are an excellent source of vitamin A (in the form of beta-carotene).

### **Sweet potatoes - The World's Healthiest Foods -**

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